



Centre for
Coaching

Janine Ahlers BA PDM (HR) LRSM MBA MCC



Janine Ahlers
+27 (0)83 658 0266
Janine@centreforcoaching.co.za

Janine@centreforcoaching.co.za

Areas of Expertise

- Executive Coaching
- Leadership & team development
- Large group facilitation
- Organizational development
- Productive dialogue skills
- Virtual teams
- Cross-cultural & global teams
- Implementation of small & large-scale coaching interventions

Clients

- ABSA Bank
- Barclays Africa (Mauritius)
- British American Tobacco (SA, Kenya, Senegal, Egypt, Middle East, Australasia, Kazakhstan, U.K, Ukraine)
- Nedbank
- Robor Steel
- Standard Bank
- Toyota Tsusho Africa
- UCT GSB & UCT

Profile

Janine Ahlers is a Master Certified Coach and Director of the Centre for Coaching, a centre for excellence situated at the UCT Graduate School of Business (GSB). Janine is Director of three organisations: Centre for Coaching South Africa, CfC Consulting (Africa, Middle East and Europe) and Centre for Coaching (Switzerland). She also holds the position of Senior Lecturer at the GSB, lecturing in Coaching and Leadership Development to MBA and Executive Education students. She has delivered and published research papers at academic peer-reviewed conferences, and has published book chapters and articles on the topic of coaching in leadership development.

Previous Background

Prior to starting on her coaching journey, Janine spent more than 10 years working in the corporate, manufacturing and business environment where she was required to network and operate at senior executive levels. She held positions as Director, Exco member, Head of HR, and also handled marketing, production and start-up operations. Janine held a number of musical positions in the National Orchestra before she started her corporate career. She continues to play the violin in orchestras and quartets whenever possible.

Coaching Work

Janine has been coaching since 2002, primarily to senior executives who are often working on strategic, leadership and relationship challenges. Her clients span a wide range, from South Africans to clients from Australia, Central Asia, Europe, UK, Japan, Turkey, Dubai, East and West Africa and the full Southern African region. Her work in multinationals has allowed her to develop a keen appreciation for the challenges facing leaders who operate in multi-cultural global organisations.

Janine lectures and facilitates on all courses run by the Centre for Coaching as well as running in-house coaching workshops, Coaching Circles and leadership development interventions for blue-chip clients all over the world. She consults to organisations and teams locally and internationally on the design and implementation of coaching cultures, interventions and processes, as well as leading the implementation of such interventions.

She is a Professional Coach certified through the ICF (International Coach Federation, USA) and has certified as a Master Coach (MCC) through the same organisation, having over 3,000 coaching hours logged. She is a founding member of both the Coaches & Mentors Society of SA (COMENSA) and the Coach Educators and Training Association of South Africa (CETASA).

She has done Group Facilitation and depth consulting (Feather Assocs), as well as Enneagram certification (Adfen International) and has been accredited by New Ventures West as one of a handful of coaches who are qualified to deliver both the PCC and ACC programmes worldwide.

Educational Background

Janine also has a Bachelor of Arts from the University of the Witwatersrand (Johannesburg), a Postgraduate Diploma in Management (Human Resources) from the University of the Witwatersrand Business School, a Licentiate from the Royal Schools of Music (Violin Teaching) and a Masters in Business Administration from the UCT Graduate School of Business.